

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/01/2022															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Sandwich, Rib BBQ (SEC)*	1 EACH	360	42	682	6.11	2.96	78.8	304	6.09	*5	17.33	48.3	13.29	3.74	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	1 ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
*Cookie, Choc Chip, 1.3 Oz IW*	1 Each	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		709	42	1031	9.68	*4.37	*714.0	*2872	*52.52	*48	34.16	110.46	17.14	5.77	*0.00
% of Calories										*26.8%	19.3%	62.4%	21.8%	7.3%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/02/2022															
* MS lunch	Total														
*Cheeseburger, Bacon Ranch	Cheeseburger	501	83	1467	3.50	3.40	165.3	554	13.32	*9	30.83	42.36	23.58	7.28	*0.00
*Sandwich, PBJ (premade)*	Servings	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Milk, Non Fat*	8 oz	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		681	74	1432	5.70	*3.51	*578.9	*2758	*33.37	*37	38.63	78.90	24.49	6.96	*0.00
% of Calories										*21.5%	22.7%	46.4%	32.4%	9.2%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/05/2022															
* MS lunch	Total														
*Nachos w/meat&Chips(SEC)*	servings	459	24	614	6.92	1.36	63.4	50	0.6	2	14.3	51.4	19.6	2.50	0.54
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Chip, Variety*	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
Weighted Daily Average		683	34	1005	8.46	*3.17	*734.4	*2921	*34.83	*34	33.64	100.03	17.09	4.48	*0.11
% of Calories										*19.6%	19.7%	58.6%	22.5%	5.9%	*0.1%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Tue - 12/06/2022															
* MS lunch	Total														
*Chicken,Orange w/Rice(Sec)*	4.2 oz	280	43	303	1.13	1.25	9.3	0	1.28	*11	14.32	45.43	4.15	0.72	*0.00
*Hot Dog, Secondary	1 Each	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Chip, Variety*	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Cookie, Choc Chip, 1.3 Oz IW*	1 Each	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$%^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		713	51	840	7.03	*3.19	*343.4	*2288	*31.94	*44	27.89	117.14	16.05	3.70	*0.00
% of Calories										*24.7%	15.6%	65.7%	20.3%	4.7%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Wed - 12/07/2022															
* MS lunch	Total														
*DoubleDouble Burger	1 Each	452	97	824	3.89	1.48	241.0	359	8.98	*6	31.9	35.69	20.5	7.98	0.00
*Sandwich, PBJ (premade)*	Servings	300	0	280	4.00	1.44	260.0	0	0.0	14	9.0	32.0	17.0	3.00	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$%^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Weighted Daily Average		636	65	848	7.39	*2.26	*613.9	*2497	*51.58	*42	34.02	81.28	21.28	6.39	*0.00
% of Calories										*26.5%	21.4%	51.1%	30.1%	9.0%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Thu - 12/08/2022															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Sandwich, Spicy Chic (SEC)*	Sandwich	427	25	641	5.64	3.50	87.9	460	13.37	*5	21.35	46.49	17.07	3.05	*0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	1 ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
*Chip, Variety*	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		707	36	1059	9.14	*3.76	*745.5	*2978	*54.32	*39	35.31	104.80	17.48	4.60	*0.00
% of Calories										*22.2%	20.0%	59.3%	22.3%	5.9%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Fri - 12/09/2022															
* MS lunch	Total														
*Chicken, Spicy Popcorn	1 Each	280	40	820	2.00	1.80	0.0	0	0.0	1	15.0	15.0	17.0	3.00	0.00
*Sandwich, Grilled Cheese Sec.	Sandwich	390	45	1010	4.00	2.16	680.0	900	0.0	*9	27.0	42.0	14.0	7.50	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Chip, Variety*	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$\$^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		708	56	1312	8.01	*2.97	*735.4	*2811	*47.45	*40	35.49	95.21	21.92	6.31	*0.00
% of Calories										*22.8%	20.1%	53.8%	27.9%	8.0%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Mon - 12/12/2022															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Chicken, Nuggets (SEC)*	Serving (7 Ea)	286	52	505	0.00	1.71	19.0	95	0.0	0	14.29	16.19	19.05	4.29	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Chip, Variety*	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$%^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		670	50	1028	7.16	*3.42	*686.0	*2839	*50.93	*37	34.09	92.60	19.75	5.27	*0.00
% of Calories										*22.3%	20.3%	55.3%	26.5%	7.1%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Tue - 12/13/2022															
* MS lunch	Total														
*Sandwich, Meatball (SEC)*	1 each	514	60	654	5.33	*3.45	*261.4	*346	*6.14	4	22.63	39.61	29.65	13.06	0.00
*Sandwich, Grilled Cheese Sec.	Sandwich	390	45	1010	4.00	2.16	680.0	900	0.0	*9	27.0	42.0	14.0	7.50	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$%^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		700	64	1126	7.98	*3.46	*834.0	*2920	*49.55	*40	37.02	88.62	23.71	10.17	*0.00
% of Calories										*22.9%	21.1%	50.6%	30.5%	13.1%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Wed - 12/14/2022															
* MS lunch	Total														
*Chimichanga, Beef & Cheese	1 Each	380	42	472	6.00	3.20	253.0	700	5.0	2	24.0	43.0	12.5	4.00	0.00
*Sandwich, Turkey*	Sandwich	275	56	832	1.81	1.86	67.7	82	0.4	*3	24.66	32.93	5.67	2.05	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$%^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Chip, Variety*	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average		711	60	1037	9.21	*3.49	*550.2	*2736	*50.18	*37	38.16	105.03	16.67	4.21	*0.00
% of Calories										*21.1%	21.5%	59.1%	21.1%	5.3%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Thu - 12/15/2022															
* MS lunch	Total														
*Pizza, Domino's Ch & Pepp	1 Each	315	20	645	4.00	2.70	474.9	750	6.0	4	21.5	38.99	8.5	3.75	0.00
*Sandwich, Rib BBQ (SEC)*	1 EACH	360	42	682	6.11	2.96	78.8	304	6.09	*5	17.33	48.3	13.29	3.74	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (1 c serv)	1 ea	69	0	1	3.12	0.29	26.7	137	48.57	12	1.01	17.62	0.29	0.05	*0.00
*Cookie, Choc Chip, 1.3 Oz IW*	1 Each	140	0	100	2.00	1.08	20.0	0	0.0	12	2.0	26.0	4.0	1.50	0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Condiment Variety@\$%^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
Weighted Daily Average		709	42	1031	9.68	*4.37	*714.0	*2872	*52.52	*48	34.16	110.46	17.14	5.77	*0.00
% of Calories										*26.8%	19.3%	62.4%	21.8%	7.3%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat <sup>1</sup> (g)
Fri - 12/16/2022															
* MS lunch	Total														
*Cheeseburger, Bacon Ranch	Cheeseburger	501	83	1467	3.50	3.40	165.3	554	13.32	*9	30.83	42.36	23.58	7.28	*0.00
*Hot Dog, Secondary	1 Each	273	20	714	2.04	2.19	40.8	100	6.12	4	12.1	28.55	13.04	4.00	0.00
*GRAB N GO LUNCH*	1 EACH	1141	94	1608	15.11	*7.11	*569.2	*17101	*87.14	*61	52.08	170.14	31.64	7.91	*0.00
*Fruit, Fresh (.5 c serv)*	.5 Cups	47	0	1	1.88	0.18	18.5	194	25.98	*6	0.68	12.02	0.21	0.04	*0.00
*Milk, 1%*	8 oz	120	10	150	0.00	0.00	350.0	500	2.4	14	10.0	14.0	2.5	1.50	0.00
*Milk, Chocolate Non Fat*	8 oz	120	5	150	0.00	0.00	300.0	500	1.8	20	8.0	22.0	0.0	0.00	0.00
*Milk, Non Fat*	8 oz	90	2	120	0.00	0.00	300.0	500	2.4	12	9.0	12.0	0.0	0.00	0.00
*Condiment Variety@\$%^+*	serving	18	2	64	0.00	0.09	0.0	25	0.0	1	0.0	2.06	1.13	0.00	0.00
*Chip, Variety*	1 Each	135	0	160	1.81	0.23	8.0	40	0.48	2	2.03	21.91	4.36	0.21	0.00
Weighted Daily Average		728	60	1437	6.50	*3.50	*504.9	*2677	*32.87	*35	35.46	93.79	24.46	6.37	*0.00
% of Calories										*19.0%	19.5%	51.5%	30.2%	7.9%	*0.0%
Nutrient Guideline		600-700		1360									<=35.0	<10.00	

Weighted Average		696	53	1099	7.99	*3.46	*646.2	*2764	*45.17	*40	34.83	98.19	19.76	5.83	*0.01
										*51.8%	20.0%	56.4%	25.6%	7.5%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	696		600 - 700	100%				
Cholesterol (mg)	53							
Sodium (mg)	1099		1360					
Fiber (g)	7.99							
Iron (mg)	3.46				Missing			
Calcium (mg)	646.2				Missing			
Vitamin A (IU)	2764				Missing			
Sugars (g)	40	23.00%			Missing			
Vitamin C (mg)	45.17				Missing			
Protein (g)	34.83	20.01%						
Carbohydrate (g)	98.19	56.42%						
Total Fat (g)	19.76	25.55%	<=35.00%					
Saturated Fat (g)	5.83	7.54%	<10.00%					
Trans Fat <sup>1</sup> (g)	0.01	0.01%			Missing			

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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